

Your Invitation

Set your intentions for 2025 inspired by nature, the new moon, and a community of women claiming their best year yet!

FIRST FULL MOON OF 2025 ~ Pre-Island Activation

Before arriving on the island, you will be supported to explore your journey and desired transformation with a special online full moon event. The Full Moon will inspire your magical insight and invite you to dream BIG.

This will be our beginning...we will begin as we wish to continue.

Connected, aligned with magic, and open to possibilities for our year ahead.

FIRST NEW MOON OF 2025 ~ Island Immersion

Days before the New Moon, you will land on the island, and your magical immersion will begin. There will be time to connect with self, others, and with nature. You will take time to reflect on your 2025 BIG LIFE goals and allow the space and time needed for magical insight. The island time will culminate in a New Moon circle by under the stars.

FEBRUARY FULL MOON ~ Post-Island Activation

Beyond your time on the island, you will remain connected with your intentions and the support of the group. We will meet again at the Full Moon in February to embolden our dreams and intentions for your best year yet!

Reflection, action, and accountability will ensure your dream does not fade.

Your Hosts

Deb D

The Witch + The Werewolf + Tobago



Deb D. Your Magic Guide.

I am a believer in big dreams. I have grown new wings and flown off the edge and into new beginnings more than once in this lifetime. As an expert in the transformation of big life loss to big life magic, and as a specialist in moon magic, intuition, and manifestation, I will guide you to dream big and believe it!. I will also delight in sharing my island home with you, a place that has healed me in many ways. Follow me to where the magic lives, breathes, and unfolds.



The Witch + The Werewolf + Tobago

Tobago is an island that has preserved its natural wonders. The coastline belongs to coconut palms, not concrete hotels. The people are generous and friendly. The waters are warm and inviting. The island is magic...healing energy lives here. The werewolf (Smokey!) has been an island guide for over 30 years, and he will be with us on our journey to share his love of the ocean and his island home.

Island Magic 2025

Island Immersion

For 5 nights and 5 days, you will be in your own immersive cocoon of possibility.

The island journey will be gentle, welcoming, inspirational, and will awaken your senses.

Enjoy time alone and with the group of women.

Tap into your magic with daily activations and meditations led by Deb D.

Eat delicious tropical fruits, local cuisine, and meals made with love by local women.

Balance being active and adventurous with being still and reflective.

Highlights

Wake to the Caribbean vibe; the beaches, the sights and smells, the sound of birds. Five days of new horizons.

Be guided to the pristine beauty of the rainforest, and be inspired by the highpoint of magic; the place where the river meets the sea..

Let your dreams begin to stretch with a private boat tour of Nylon Pool + the Mangrove Lagoon.

Bask in the light of the stars in a New Moon circle by the sea.

Island Magic 2025



"I would highly recommend visiting the witch and the werewolf, knowing you will be very well cared for!!

Besides the wonderful opportunity to visit the beautiful island of Tobago, you feel secure in the care of two people who "you can feel" know and love the island extremely well!

You are reminded to relax yourself, so you can make space to soak in all the good energy and feelings the island imparts.

I also enjoyed the beautiful beaches, experiencing quality and freshly-cooked food that was both healthy and delicious!!

I explored new ways of thinking, enjoyed meaningful conversations and made new friends with like-minded people.

I left feeling renewed and refreshed! I look forward to visiting again."

ROSE. (fun fact! Rose is coming again in 2025!)

Island Magic 2025

Island Snapshots



Everyday Magic



Hummigbird Park



Bamboo Forest



Wide Landscapes



The Witch +
The Werewolf



by Sea



Boat Adventure



Amazing Beaches



Sand Play + Freedom

Island Time Schedule



25 JAN

Day One + Arrival

We will begin together with our opening circle. We'll be focused on releasing into the island and on gaining inspiration for our intentions. We will surrender to sea and sand.

26 JAN

Day Two

Together, we will venture out to sea where we'll widen our horizons, seek new pathways, and watch as the sun sets and the moon rises. The day will culminate in a special dinner and dancing at Sunday School, a local dance party under the stars.

27 JAN

Day Three

We will venture into the heart of the island and visit the rainforest, as well as a magical hummingbird park. The late afternoon will be spent at the place the rainforest meets the sea. Deb's favorite island spot.

28 JAN

Day Four

Deepen your experience with a relaxing day by the sea under an almond tree in your beach lounger. 1:1 sessions with Deb are optional, and you may choose to add a wellness treatment.

29 JAN

Day Five

Our magic will culminate with a special new moon day and our new moon circle by the sea. The bonfire will be lit, and wishes will be made. Optional night swim under the stars.

30 JAN

Day Six + Departure

Our immersion will complete with a special morning of gratitude and anchoring our 2025 intentions. We will honor our time together with a final lunch.

More Love Notes



"Magical does not even begin to describe the experience of having Deb and Smokey co-host a retreat.

I was able to gain a strong sense of the Tobago culture while at the same time diving into my own inner journey. The bonds that were created within the group were extremely powerful, and I feel like I am walking away with friends for life.

Starting my year with this experience infused me with hope, positivity, connection and reflection."

TOSCA

"It was one of the best times I have had in over 10 years.

I will remember this trip with joy and an abundance of love until my human body leaves this earth, but I guarantee in spirit form I will remember the joy, growth and abundance of love I received while there.

Thank You Deb & Smokey."

TISH

Island Magic Investment



INCLUDED

Villa Accommodation for 5 Nights/ 5 Days

All Meals

All Island Adventures

Airport Transfers

Energy Guidance by Deb D

Island Guidance by Smokey



NOT INCLUDED

Airline Flights

Extra Night(s)
Accommodation

Personal Travel Insurance

Additional Drinks or Snacks

Wellness Treatments

RETREAT TOTAL

A DEPOSIT of \$675 secures your spot

\$2,525

Payment Plan Available for a total of \$2700

BOOK with a FRIEND

and get \$125 OFF each (\$2400!)







ACCOMMODATION

We will stay in a villa that will be exclusive to us--our island HQ. You will share a bedroom, which has its own bathroom.

Relax by the pool or the outdoor alfresco area.

NIGHTS INCLUDED: 25 + 26 + 27 + 28 + 29th January

EXTRA NIGHTS: 24th + 30th. You can purchase extra nights if you wish to extend your stay, or if your flights land and/or depart outside of the retreat schedule.

Speak to Deb about the accommodation options and hosting support.

FLIGHTS + TRANSFERS

It is recommended that you book a flight to Trinidad (Port of Spain) and then connect to a 20-minute local flight that is direct to Tobago.

Speak to Deb for assistance with flight bookings.

Your airport transfers on the island are included in your experience.

MEALS

As part of our commitment to the island, most of your meals will be cooked by local women who know flavor! All dietary requirements will be taken into account when deciding the menu. We will also enjoy some meals out at local spots. ALL meals, from the 25th to breakfast on the 30th, are included.

Are you ready to inspire, align and activate your best year yet?

Contact Deb for a Discovery Call

Phone +1 917 545 3439

Email debra@biglifemagic.com